



Presentation Skills: A Design & Vocal Masterclass

Overview

A two-day specialist workshop for improver or key-note speakers who want to communicate with more clarity, integrity and intelligence

Our workshop will raise the bar on your existing skills using a good balance of principles, concepts, inspiration and practical examples. Important aspects of public speaking will be learned by preparing and practising numerous presentations: exploring simplicity in design, naturalness in delivery and the essentials of vocal technique. You will discover how to connect with the audience via vocal projection using the core muscles of the body, both to support the sound and release the emotional content of vowels. Work is done together on confidence-building, body alignment and reflex-breathing using a challenging variety of exercises, improvisation techniques, short sentences, poetry reading and prose. Expert coaching, support and feedback from our training staff is an integral part of the workshop.

Workshop Objectives

- Apply structure, balance and style to your presentation content
- Adapt your material to engage, inspire and satisfy any audience
- Demonstrate stage presence using body language and reflex-breathing techniques
- Understand and control vocals to allow greater projection and resonance
- Learn how to pace your speech and keep ideas flowing using improvisation

Workshop Day 1 - Presentation Design

Workshop Outline

Introduction and workshop objectives

Group Stress Reduction Exercises

Discovering your breath using Mindfulness
Body awareness and the relaxation response
Autogenics: how to stabilise mental chatter

Presentation Diagnostics

1st pre-prepared delivery (approx 5 min)
Self-analysis of own delivery
Analysis via trainer feedback

Presentation Design

Current presentation worldview
New principles and techniques of design
Creating the story: business and technical content
Connecting with the audience
How to be completely present

Presentation Practise

2nd unplanned delivery (approx 10 min)
Analysis via Trainer Feedback

Workshop Summary of Day 1

Group feedback and discussion
Trainer summary and close

Day 2 - Presentation Delivery

Group Warm-Up and Vocal Health

Working together on body language and reflex-breathing
Stretching, spine alignment and reflex-breathing

Breathing and Vocal Economy

Confidence & fundament using the reflex-breathing
Working core muscles to manage your stage nerves and increase the power of the voice

Creating Greater Projection & Resonance

Exercises in sounds, short sentences, poetry and prose
Building voice support using correct muscles
Opening space in the pharynx to create effortless warmth, clarity and projection

Taking Control of The Audience

Creating impact and focusing audience attention
Using silence with effect and avoiding common pitfalls
Improvisation techniques to keep ideas and speech flowing
Practising short improvised speeches on a set topic

Final Presentation Practise

3rd and final delivery
Trainer analysis and feedback

Workshop Closure

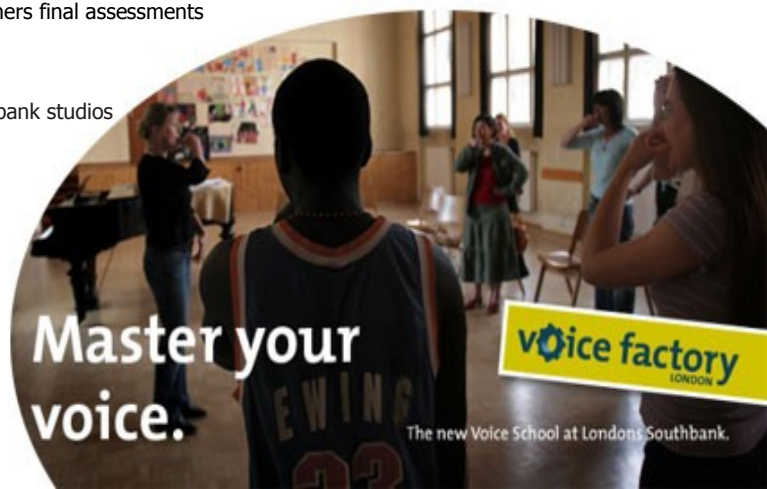
Group analysis of progress
Trainers final assessments

Venue Our workshops can be held at our historic Southbank studios or In-Company. Fees (min 6 delegates) are circa €360.00pp. To book your place immediately, please get in touch:

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